

FREQUENT QUESTIONS

✓ When do I need a psychologist?

- you face difficulties in family, personal or/and professional relationship (long term conflicts, relationship breakdown);
- you have strong negative feelings like guilt, jealousy, anger, envy etc, that affect the quality of your life;
- you feel anxiety/agitation or constant disorientation;
- you are demotivated and even indifferent to your life events.

✓ Who can be the beneficiaries of the services provided by the Center and what is the service charge?

The beneficiaries of the Center are affiliated to *Nicolae Testemitanu* SUMPh (students, teaching staff and auxiliary personnel), and the CPCCG services are FREE of charge

✓ Who is the psychologist at the Center for Psychological Counseling and Career Guidance at *Nicolae Testemitanu* SUMPh?

The psychologist is a competent person, licensed in the field of psychology and with diploma certifying his/her professional knowledge and practical experience.

During discussion (counseling), the psychologist will help you find the proper solutions, using psychological tools, according to the degree of problems you are facing.

FORMS TO CONTACT US

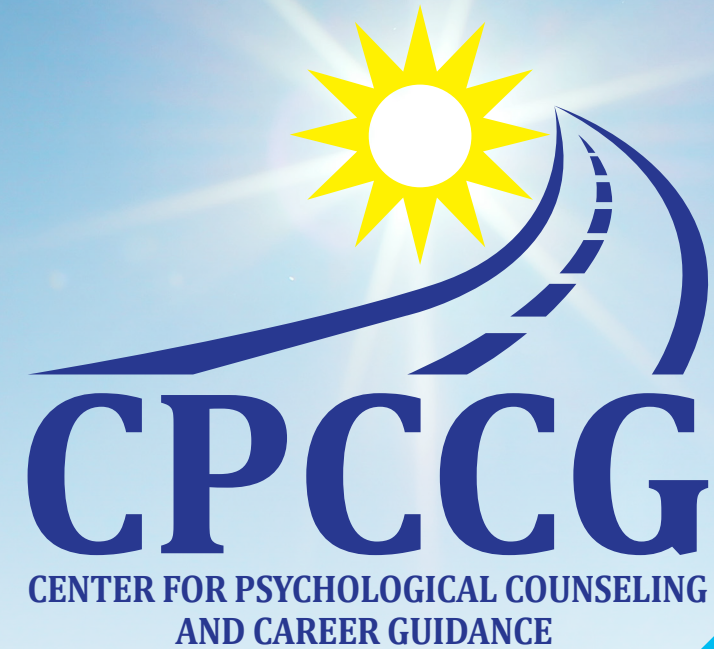
- ✓ Office 406 *Nicolae Testemitanu* SUMPh, central didactic building;
- ✓ Call phone number **022 205 288**;
- ✓ Send a message to CPCCG Facebook page:
- ✓ <https://www.facebook.com/CCPGC.USMF>
- ✓ Send an e-mail: **ccpgc@usmf.md**

OUR TEAM:

- ✓ Mariana Cernițanu - Chief of CPCCG of *Nicolae Testemitanu* SUMPh; mariana.cernitanu@usmf.md;
- ✓ Corina Lazăr - CPCCG psychologist: **corinalazar2@gmail.com**
- ✓ Maria Popescu- CPCCG psychologist: **popescumar22@gmail.com**
- ✓ Irina Nicov - CPCCG inspector: **irina.nicov@usmf.md**



NICOLAE TESTEMITANU STATE UNIVERSITY
OF MEDICINE AND PHARMACY
OF THE REPUBLIC OF MOLDOVA



WHO ARE WE?



We are a team of professionals in counseling, always ready to lend a hand to someone who needs it.



We appreciate the diversity (variety) of ideas; we respect opinions, values and beliefs of everyone

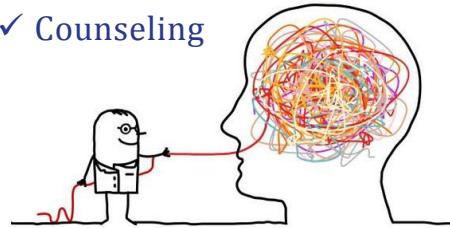


Our basic working principle is - **CONFIDENTIALITY.**

MISION OF THE CENTER

To provide professional assistance in order to overcome personal problems; to support the professional identification and the relationships in the academic environment via the following tools:

✓ Counseling



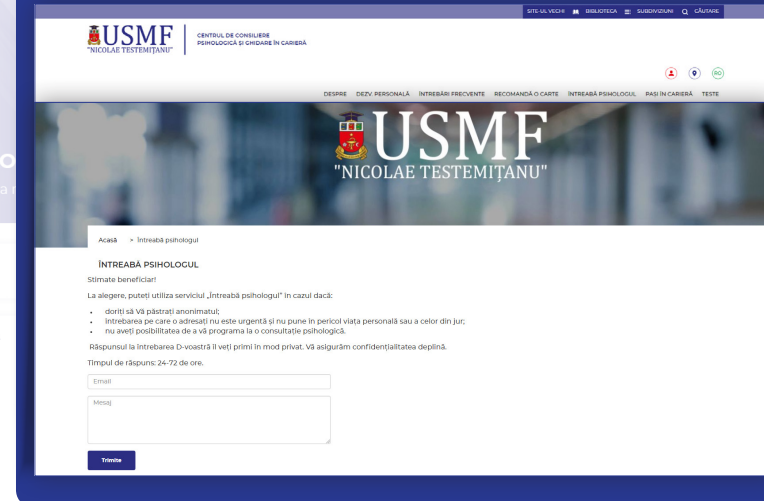
✓ Psychotherapy

✓ Career education



WE ARE ALSO AVAILABLE ON-LINE

✓ <http://ccpgc.usmf.md/> - CPCCG page on the site of *Nicolae Testemițanu* SUMP



✓ <https://www.facebook.com/CCPGC.USMF> - CCPGC Facebook page

